

Theory of Change

Your guiding theory to understand the vision and scope of your project.

By working in partnership with local older people to utilise their life experience and skills in the growth of our Village Hub , we can create opportunities for healthy ageing, social connection, lifelong learning and mutual support , which will lead to an inclusive community that celebrates diversity and where people feel safe and that they belong. .

Logic Model

A detailed plan of your project and its impacts

Issue/Opportunity	Inputs	Activities	Outputs	Outcomes	Impacts
<ul style="list-style-type: none"> Older people have diverse life experiences and skills they want to share for community benefit. Many older people are adjusting to changes in their personal and working lives and are seeking new opportunities and purpose. Some older people experience significant health challenges and/or social isolation that can be improved by a supportive network. 	<ul style="list-style-type: none"> Our Village Hub model is based on a strengths-based capacity building approach and knowledge gained from 5 years of Village Hub operations. Staffing of 1.0FTE Village Hub Coordinator and 0.66FTE Member Engagement Officer, supported by the CEO and Accounts Officer roles. 	<ul style="list-style-type: none"> Older people are encouraged to contribute their skills by leading Groups of people that share a common interest. Older people volunteer to help each other through our Member Help Centre and Ask A Member programmes. Older people assist Village Hub operations by volunteering to organise Events, assisting with administration etc 	<ul style="list-style-type: none"> Minimum 10 classes provided per week (500 per annum). Minimum 2 Capacity Building Programmes provided free to Town of Victoria Park Residents aged 55+. Minimum 100 occasions of support provided through Member Help Centre and Ask A Member programmes. 700 people per annum participate in the Village Hub. 20,000 attendances per annum in Village Hub Groups, Classes, Courses and Events. 	<ul style="list-style-type: none"> Local older people have access to a supportive community that promotes healthy ageing, confidence, independence and wellbeing. Local older people share their skills for the benefit of other people and feel their contribution is valued. Older people living in the Town of Victoria Park have increased opportunities for participation including in creative, cultural and educational activities. 	<ul style="list-style-type: none"> An inclusive and connected community An empowered and engaged community A healthy community

- Participation in social, physical, creative, cultural, environmental, and educational activities increases individual wellbeing and improves physical and mental health.



- Access to an inclusive social network and trusted information empowers individuals and ensures they feel safe.

- Connect Victoria Park Inc provides office and approximately 600m2 of activity space for Village Hub programmes (commercial value of \$90,000 per annum).



- Volunteers contribute approximately 4,000 hours per annum (valued at \$188,000 per annum @ \$47 per hour)

- Participants contribute to the cost the programme through membership and/or entry fees (approximately \$70,000 raised in 2022/23)

- The Village Hub utilises a Try, test and learn approach ensuring that participants are regularly surveyed on the impact of programmes. This has included Quality of Life measures, Culture Counts surveys, and physical and mental health measures pre and post intervention in partnership with our university partners.

- Village Hub staff coordinate our holistic programme of Classes and Courses to maximise opportunities for participation.



- Village Hub staff coordinate our Independence and Wellbeing information sessions and workshops, Member Help Centre, and Ask A Member programmes.

- Village Hub staff design and facilitate programmes that support older people to build their capacity to participate in the community and live independent and healthy lives.

- Village Hub staff engage with members and other participants to ensure they feel safe and welcome and able to contribute to the Village Hub community.

- Connect and Village Hub staff ensure our operations are well run, financially sustainable, and consistent with our legal, funding, and community obligations.



- Older people living in the Town of Victoria Park feel included and that their diversity is recognised and celebrated.



- Older people living in the Town of Victoria Park feel empowered and safe.

Assumptions

- The outputs outlined above assume no substantial restrictions on operating community activities for public health reasons, the continued ability of participants to contribute modest fees, freedom from cyber attack, and no unforeseen weather events due to climate change.

Risks

- A full risk policy has been developed. In summary, Online provision of Village Hub activities during the COVID-19 shut downs allowed us to continue provision and this capacity is maintained, costs to participants are kept low by increasing volunteering and regular review of expenditure, and Contracted IT providers have cyber security measures in place. Risk of significant weather events cannot be

mitigated but the organisation has various communication channels in place to communicate with participants should this be necessary.

Connect Victoria Park Village Hub

Evaluation Planner

An outline of how the outcomes of your program can be measured.

Outcomes	Indicators	Tools	Timing	Team members
<p>Local older people have access to a supportive community that promotes healthy ageing, confidence, independence and wellbeing.</p>	<ul style="list-style-type: none"> • Number of individual older people and attendances recorded at the Village Hub. • Number of positive respondents to survey questions on this outcome. → • Outcomes from validated measures on Quality of Life, Physical and Mental Health 	<ul style="list-style-type: none"> • Bespoke client management system records attendances. • Participant Satisfaction Survey will be amended to include questions relevant to the Outcome. → • Voluntary bi-annual measurement days for participants to track progress on validated Quality of Life, Physical and Mental Health measures. 	<ul style="list-style-type: none"> • Client Management System records attendances in real time. • Participant Satisfaction Survey will be administered at least twice per annum ensuring coverage across the range of Village Hub activities. → • Measurement Days will be held at least twice per annum. 	<ul style="list-style-type: none"> • Village Hub Coordinator, Member Engagement Officer, CEO, Volunteers
<p>Local older people share their skills for the benefit of other people and feel their contribution is valued.</p>	<ul style="list-style-type: none"> • Number of Member/Volunteer Led Groups provided at the Village Hub each year → • Number of Volunteers and Volunteer Hours recorded at the Village Hub each year • Satisfaction of Volunteers with their volunteering experience 	<ul style="list-style-type: none"> • Client Management System records number of Groups provided each year • Volunteer numbers and hours are recorded manually at the time of volunteering and reported bi-annually → • A Volunteer Satisfaction Survey will be developed utilising expertise from Volunteering WA 	<ul style="list-style-type: none"> • Number of Groups provided will be taken from client management system and reported bi-annually → • Volunteer numbers and hours will be recorded in real time and reported bi-annually • A volunteer satisfaction survey will be administered annually 	
<p>Older people living in the Town of Victoria Park have increased opportunities for participation</p>	<ul style="list-style-type: none"> • Total Number of Classes, Groups, Courses and Events provided at the Village Hub. 	<ul style="list-style-type: none"> • Our client management system records numbers of activities and participants in 	<ul style="list-style-type: none"> • Participant Satisfaction Survey will be administered at least twice per annum ensuring coverage across 	

<p>including in creative, cultural and educational activities.</p>	<ul style="list-style-type: none"> • Number of Classes, Groups, Courses and Events provided at the Village Hub with a creative, cultural or educational focus. • Number of attendances in all Classes, Groups, Course and Events provided. • Number of attendances in all Classes, Groups, Course and Events with a creative, cultural or educational focus. • Participant Satisfaction with opportunities for participation including in creative, cultural and educational activities. 	<p>real time and this is reported bi-annually.</p> <ul style="list-style-type: none"> • A Participant Satisfaction survey is administered bi-annually and questions related to this Outcome will be included. 	<p>the range of Village Hub activities.</p> <ul style="list-style-type: none"> • Client management system will be interrogated for bi-annual reports. 	
<p>Older people living in the Town of Victoria Park feel included and that their diversity is recognised and celebrated.</p>	<ul style="list-style-type: none"> • Participant satisfaction survey will include questions about feeling included and welcome, provide an opportunity to identify if they are from a diverse background, and provide an opportunity to suggest changes that would improve their experience. 	<ul style="list-style-type: none"> • Participant satisfaction survey will be administered at least twice annually across the range of Village Hub programmes. • Consultation will occur to develop a Diversity Inclusion Plan and participants will be invited to contribute to its review within two years of operation. 	<ul style="list-style-type: none"> • Participant Satisfaction Survey will be administered at least twice per annum ensuring coverage across the range of Village Hub activities. 	
<p>Older people living in the Town of Victoria Park feel empowered and safe.</p>	<ul style="list-style-type: none"> • Outcomes from validated measures on Quality of Life, Physical and Mental Health • Number of participants reporting that the Village Hub programme assist them to feel empowered and safe • Number of attendances at Be Confident information sessions and workshops 	<ul style="list-style-type: none"> • Voluntary bi-annual measurement days for participants to track progress on validated Quality of Life, Physical and Mental Health measures. • Participant Satisfaction Survey • Client Management System data 	<ul style="list-style-type: none"> • Bi-annual Measurement Days • Bi-annual Participant Satisfaction Survey • Bi-annual reports drawn from client management system. 	